6th International Wrist Symposium

21st - 23rd FEBRUARY 2011

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6th WRIST SYMPOSIUM
21. - 23. February 2011

Department of Trauma Surgery and Sports Medicine
Head: o. Univ.-Prof.Dr.M.Blauth
Medical University of Innsbruck

under the patronage of

Österreichische Gesellschaft für Handchirurgie (ÖGH)

Società Italiana di Chirurgia della Mano (SICM)
GENERAL INFORMATIONS

Organizer: Handsurgery
Department of Trauma Surgery and Sports Medicine
Medical University Innsbruck
Head: o. Univ. Prof. Dr. M. Blauth

Institute for Anatomy, Histology and Embryology
Medical University Innsbruck
Head: o. Univ. Prof. Dr. H. Fritsch

Scientific committee:
Univ. Doz. Dr. M. Gabl
Priv.-Doz. Dr. R. Arora

Organizing committee:
Priv.-Doz. Dr. R. Arora

Coordinator SICM:
OA Dr. F. Nienstedt

Venue:
Institute for Anatomy, Histology and Embryology
Medical University Innsbruck
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### 21. February 2011 - DISTAL RADIUS

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>07.45 - 08.30</td>
<td>Registration</td>
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<tr>
<td>08.30 - 09.00</td>
<td>Greeting</td>
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#### Distal Radius Fracture (DRF)

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>09.00 - 09.15</td>
<td>Update: Anatomy Distal radius</td>
<td>Brenner</td>
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<tr>
<td>09.15 - 09.25</td>
<td>Pathomechanism / Classification DRF</td>
<td>Deml/Arora</td>
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<tr>
<td>09.25 - 09.35</td>
<td>The role of CT-Scan in Wrist injuries</td>
<td>Rieger</td>
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<tr>
<td>09.35 - 09.45</td>
<td>Surgical treatment of „complex“ DRF</td>
<td>Lauri</td>
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<td>09.45 - 09.55</td>
<td>The role of arthroscopy in DRF</td>
<td>Lutz</td>
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<tr>
<td>09.55 - 10.05</td>
<td>Complications following palmar plating of DRF</td>
<td>Arora</td>
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<tr>
<td>10.05 - 10.30</td>
<td>Discussion</td>
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<tr>
<td>10.30 - 11.00</td>
<td>Coffee break</td>
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<tr>
<td>11.00 - 11.15</td>
<td>Intra-articular DRF - is post-traumatic osteoarthritis a major issue</td>
<td>Davis</td>
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<td>11.15 - 11.30</td>
<td>Consequences of malunion of DRF - Corrective osteotomy</td>
<td>Gabl</td>
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<td>11.30 - 11.40</td>
<td>Complex Regional Pain Syndrom in DRF</td>
<td>Angermann</td>
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<tr>
<td>11.40 - 11.55</td>
<td>Median nerve entrapment in DRF and recurrent CTS</td>
<td>Luchetti</td>
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<tr>
<td>11.55 - 12.30</td>
<td>Discussion</td>
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<tr>
<td>12.30 - 13.30</td>
<td>Lunch</td>
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### DRU-joint and TFCC-disorders

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>13.30 - 13.45</td>
<td>Functional anatomy of the „forearm joint“</td>
<td>Zimmermann</td>
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<tr>
<td>13.45 - 14.00</td>
<td>TFCC lesions and treatment options (arthroscopic and open)</td>
<td>Atzei</td>
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<tr>
<td>14.00 - 14.15</td>
<td>MRI wrist - bone and soft tissue disorders</td>
<td>Rudisch</td>
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<td>14.15 - 14.30</td>
<td>The Symptomatic DRUJ</td>
<td>Nienstedt</td>
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<td>14.30 - 14.45</td>
<td>DRUJ - levelling procedures</td>
<td>Schmidle/Gabl</td>
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<td>14.45 - 15.00</td>
<td>Distal forearm fractures in elderly</td>
<td>Arora</td>
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<td>15.00 - 15.35</td>
<td>Discussion</td>
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<tr>
<td>15.35 - 16.00</td>
<td>Coffee break</td>
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#### 16.00 - 18.30
Hands on: Palmar approach and plating, carpal tunnel, dorsal approach, corrective osteotomy, ulna shortening

19.30
Dinner

Restaurant „Löwe“
(Sailergasse 8, Altstadt Innsbruck)
Scaphoid Fracture (SF) and Nonunion (NU)

09.00 - 09.20  Anatomy, Pathomechanism, Classification, Diagnosis of SF  Schmidle/Gabl
09.20 - 09.35  Acute SF - prediction of outcome with non-operative treatment  Davis
09.35 - 09.50  Limits of distal/proximal screw fixation of SF  Arora
09.50 - 10.05  Natural history SNAC and SLAC  Espen
10.05 - 10.30  Discussion

10.30 - 11.00  Coffee break

11.00 - 11.10  Pathology, Diagnosis of scaphoid NU  Gabl
11.10 - 11.20  Fisk-Fernandez procedure for scaphoid NU  Atzei
11.20 - 11.30  Vascularized bone graft from the distal radius  Zimmermann
11.30 - 11.40  Vascularized bone graft from the iliac crest and femur  Zimmermann
11.40 - 11.55  Free vascularized fibula transfer for forearm reconstruction - the treatment concept  Ceruso
11.55 - 12.30  Discussion

12.30 - 13.30  Lunch
Soft Tissue Lesions

13.30 - 13.45  Tendon defects at the wrist level  Gabl
13.45 - 14.00  Island flaps for treatment of soft tissue loss in the upper limb  Ceruso
14.00 - 14.30  Discussion

14.30 - 17.30  Hands on: anatomy of the snuff, box, palmar, dorsal approach scaphoid, four-corner-fusion

18.30  Social Program (see voucher)
23. February 2011 - CARPAL INSTABILITY

Carpal Instability

09.00 - 09.20  Functional anatomy of the Carpus  Nienstedt
09.20 - 09.35  Classification of Carpal Instability  Luchetti
09.35 - 09.45  Clinical and radiological findings  Lauri
09.45 - 10.00  Perilunate fracture dislocation  Lutz
10.00 - 10.15  Arthroscopy - diagnostic and treatment  Luchetti
10.15 - 10.45  Coffee break
10.45 - 11.00  SL-repair: Periosteal Flap  Lutz
11.00 - 11.15  SL-repair: Brunelli Procedure  Atzei
11.15 - 11.30  SL-repair: Bone-Ligament-Bone Procedure  Espen
11.30 - 11.45  Indication and Technique of Four Corner Fusion and Proximal Row Carpectomy  Angermann
11.45 - 12.15  Discussion

Rheumatoid Surgery

12.15 - 12.35  Basal thumb osteoarthritis: Trapeziectomy  Davis
12.35 - 13.00  The rheumatoid wrist  Borisch
13.00 - 13.30  Discussion
13.30 - 14.30  Lunch
14.30 - 16.30  Hands on: Brunelli-Procedure, Dorsal-Capsulodesis
16.30  Closing
Faculty

Angermann Peter OA Dr. med.
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