INNSBRUCK
AUSTRIA

7th International Wrist Symposium

27 - 29 FEBRUARY 2012

COURSE CATALOGUE

DEPARTMENT OF TRAUMA SURGERY
MEDICAL UNIVERSITY OF INNSBRUCK

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7th WRIST SYMPOSIUM
27 - 29 February 2012

Department of Trauma Surgery
Head: o. Univ.-Prof. Dr. M. Blauth
Medical University of Innsbruck

under the patronage of

Österreichische Gesellschaft für Handchirurgie (ÖGH)

Società Italiana di Chirurgia della Mano (SICM)
GENERAL INFORMATIONS

Organizer: Handsurgery
Department of Trauma Surgery
Medical University Innsbruck
Head: o. Univ. Prof. Dr. M. Blauth

Institute for Anatomy, Histology and Embryology
Medical University Innsbruck
Head: o. Univ. Prof. Dr. H. Fritsch

Scientific committee: Univ. Doz. Dr. M. Gabl
Priv.-Doz. Dr. R. Arora

Organizing committee: Priv.-Doz. Dr. R. Arora

Coordinator SICM: OA Dr. F. Nienstedt

Venue: Institute for Anatomy, Histology and Embryology
Medical University Innsbruck
Müllerstraße 59, 6020 Innsbruck, Austria

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27. February 2012 - DISTAL RADIUS

07.45 - 08.30  Registration
08.30 - 09.00  Greeting

Distal Radius Fracture (DRF)

09.00 - 09.15  Update: Anatomy Distal Radius  Brenner
09.15 - 09.25  Pathomechanism / Classification DRF  Deml
09.25 - 09.35  The Role of CT-Scan in Wrist Injuries  Rieger
09.35 - 10.00  Current Concepts Management of DRF  Arora
10.00 - 10.15  Discussion
10.15 - 10.45  Coffee Break
10.45 - 11.00  Technique Volar/Dorsal Approach  Lauri
11.00 - 11.10  The Role of Arthroscopy in DRF  Lutz
11.10 - 11.20  Complications following palmar plating of DRF  Arora
11.20 - 12.00  Discussion
12.00 - 13.00  Lunch
DRU-joint and TFCC-disorders

13.00 - 13.15  Update: Anatomy TFCC / DRUJ  Brenner
13.15 - 13.25  MRI Wrist - Indication / Technique for Bone and Soft Tissue Disorder  Rudisch
13.25 - 13.50  Current Concepts management DRUJ Pathologies  Atzei
13.50 - 14.05  Technique: TFCC (arthroscopic & open)  Atzei
14.05 - 14.15  Distal Ulna Fractures  Nienstedt
14.15 - 14.25  Technique: DRUJ - Correction of Radius  Espen
14.25 - 14.35  Technique: DRUJ - Correction of Ulna  Gabl
14.35 - 15.15  Discussion
15.15 - 16.00  Coffee Break
16.00 - 18.30  Hands on: Palmar Approach and Plating, Carpal Tunnel, Dorsal Approach, Ulna Shortening
19.30  Social Program
28. February 2012 - SCAPHOID

### Scaphoid Fracture (SF)

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>08.30 - 08.45</td>
<td>Anatomy, Pathomechanism, Classification of SF</td>
<td>Schmidle</td>
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<tr>
<td>08.45 - 09.05</td>
<td>Current Concepts Management SF</td>
<td>Espen</td>
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<tr>
<td>09.05 - 09.15</td>
<td>Technique: Volar SF-Fixation</td>
<td>Angermann</td>
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<tr>
<td>09.15 - 09.25</td>
<td>Technique: Dorsal SF-Fixation</td>
<td>Lauri</td>
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<tr>
<td>09.25 - 09.35</td>
<td>Technique: Volar Plate Fixation</td>
<td>Gabl</td>
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<td>09.35 - 09.50</td>
<td>Discussion</td>
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<td>09.50 - 10.15</td>
<td>Coffee Break</td>
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### Scaphoid Non-Union

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<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
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</thead>
<tbody>
<tr>
<td>10.15 - 10.35</td>
<td>Current Concepts Management Scaphoid Non-Union</td>
<td>Gabl</td>
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<tr>
<td>10.35 - 10.45</td>
<td>Technique: Fisk-Fernandez Procedure</td>
<td>Erhart/Arora</td>
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<tr>
<td>10.45 - 10.55</td>
<td>Technique: Vascularized Bone Graft from the Iliac Crest</td>
<td>Zimmermann</td>
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<tr>
<td>10.55 - 11.05</td>
<td>Technique: Vascularized Bone Graft from the Distal Radius</td>
<td>Atzei</td>
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<tr>
<td>11.05 - 11.15</td>
<td>Technique: Vascularized Bone Graft from Femur</td>
<td>Arora</td>
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<tr>
<td>11.15 - 12.00</td>
<td>Discussion</td>
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<tr>
<td>12.00 - 13.00</td>
<td>Lunch</td>
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<tr>
<td>13.00 - 13.20</td>
<td>Current Concepts Delayed Management Flexor/Extensor Tendon Lesions</td>
<td>Ceruso</td>
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</tbody>
</table>
Soft Tissue Lesions
13.20 - 13.35 Local Skin Flaps at the Metacarpal and Wrist Level
   Zimmermann
13.35 - 14.00 Discussion

14.00 - 17.00 Hands on: Anatomy of the Snuff Box, Palmar/Dorsal Approach Scaphoid
15.30 Coffee Break
18.30 Social Program
# 29. February 2012 - CARPAL INSTABILITY

## Carpal Instability

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<th>Time</th>
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<th>Speaker</th>
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<tr>
<td>08.30 - 08.50</td>
<td>Update: Functional Anatomy of the Carpus</td>
<td>Brenner</td>
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<tr>
<td>08.50 - 09.10</td>
<td>Current Concepts Management Carpal Instability</td>
<td>Nienstedt</td>
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<tr>
<td>09.10 - 09.20</td>
<td>Technique: Perilunate Fracture Dislocation</td>
<td>Herzberg</td>
</tr>
<tr>
<td>09.20 - 09.30</td>
<td>Technique: SL-Repair: Periosteal Flap</td>
<td>Lutz</td>
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<tr>
<td>09.30 - 09.40</td>
<td>Technique: SL-Repair: Brunelli Procedure and Modification</td>
<td>Luchetti</td>
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<tr>
<td>09.40 - 09.50</td>
<td>Technique: Capsulodesis</td>
<td>Ceruso</td>
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<tr>
<td>09.50 - 10.20</td>
<td>Discussion</td>
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<tr>
<td>10.20 - 10.50</td>
<td>Coffee Break</td>
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## Salvage Procedures

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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>10.50 - 11.10</td>
<td>Current Concepts Management Posttraumatic Disorders</td>
<td>Luchetti</td>
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<tr>
<td>11.10 - 11.20</td>
<td>Technique: Four Corner</td>
<td>Espen</td>
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<tr>
<td>11.20 - 11.30</td>
<td>Technique: PRC</td>
<td>Luchetti</td>
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<tr>
<td>11.30 - 11.40</td>
<td>Technique: RSL</td>
<td>Nienstedt</td>
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<tr>
<td>11.40 - 11.50</td>
<td>Technique: Total Wrist Fusion</td>
<td>Angermann</td>
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<tr>
<td>11.50 - 12.00</td>
<td>Technique: Arthroplasty</td>
<td>Herzberg</td>
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<tr>
<td>12.00 - 12.30</td>
<td>Discussion</td>
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<td>12.30 - 13.30</td>
<td>Lunch</td>
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<tr>
<td>13.30 - 15.30</td>
<td>Hands on: Brunelli-, Capsulodesis; Four Corner</td>
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